

The COVID-19 pandemic may last for an extended period of time in our community. Depending on the severity, public health officials may recommend actions designed to help keep our community healthy, reduce exposures to COVID-19, and slow the spread of the virus.

The plan outline is to help protect your health and the health of other Scotties.

DEFINITIONS:

CDC: Centers for Disease Control and Prevention

Face covering: Cloth face covering, surgical mask, etc. which helps slow the spread of COVID-19.

Physical/social distancing: Keeping at least 6 feet of space between yourself and other people.

Quarantine: Separation and restricting movement of individuals who might have been exposed to a COVID-19 positive individual.

Isolation: Separation and restricting movement of COVID-19 positive individuals.

STAY INFORMED & **IN-TOUCH**

The College will officially communicate with students through their Highland Community College student email account. It is the student's responsibility to check their official highlandcc.edu account for College-related communications on a frequent and consistent basis. The College recommends checking your email account at least once per day.

Find us on Social Media:







For an electronic copy, visit: highlandcc.edu

COVID-19 **RESOURCES**

HCC COVID-19 Page

Doniphan County Health Department CDC: COVID-19 Page

Kansas Department of Health & Environment





PRACTICE PREVENTATIVE ACTIONS:

On & off campus



CONTACT SCOTTIE HEALTH IF YOU'RE SICK

If you are experiencing symptoms, notify <u>scottiehealth@highlandcc.edu</u> of your illness for further guidance.



WASH YOUR HANDS

Wash your hands frequently with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.



MASKS

The College will provide disposable masks to those who need them. You can spread COVID-19 to others even if you do not feel sick.



AVOID LARGE GATHERINGS

Understand the risk of attending large gatherings. The more people an individual interacts with at a gathering and the longer that interaction lasts, the higher the potential risk of becoming infected with and spreading COVID-19.



TRAVEL

Limit unnecessary travel.



DISINFECT

Maintain cleanliness of shared spaces for common areas at class, work and home. Avoid sharing personal items (food, water bottles, etc.).



LOCAL RESOURCES

Review the Doniphan County numbers to stay informed on the local outbreak situation.



MENTAL HEALTH

Take care of your emotional health. Physical distancing does not mean social isolation. Connect with College services, friends, and family remotely when possible. Utilize tools like <u>Zoom</u> and <u>Google Hangouts</u> for meetings with your faculty, advisors, student organizations or talking with friends and family.



FLU SHOT

Get your annual flu shot.



COVID-19 VACCINE

There are many local, free options to obtain the vaccine. If you need hlep on where to get a vaccine contact Scottie Health.







Start school healthy, and stay healthy

OVID-19 ESSENTIALS:

Things we recommend students bring with them to campus to help stay healthy through the academic year.

- HAND SANITIZER That contains at least 60% alcohol.
- THERMOMETER >
- CLEANING/DISINFECTANT
- COPIES OF HEALTH [=R] **INSURANCE CARDS**

Including headphones with a microphone to continue your classes if you should have to quarantine or self-isolate.

■ 3-7 REUSABLE/WASHABLE () **FACE-COVERINGS**

Highland Community College recomments that masks are worn by individuals that have not been vaccinated. Some classroom instructors may require face coverings.

UPDATED EMERGENCY **CONTACT INFORMATION**



QUARANTINE GUIDANCE:

Depending if you have a vaccine, the Doniphan County Health Department may ask you to quarantine. They may have determined that you have come in close contact with someone that has tested positive for COVID-19. The College will not designate a guarantine but may suggest that you self-isolate. The guidance for both quarantine and self-isolating are the same. A guarantine order issued by the Doniphan County Health Department is a legal order.

Quarantine or self-isolation will most likely result because a roommate has tested positive.

■ You may be asked to stay in your assigned apartment and not interact with other students.

COLLEGE STATEMENT ON PUBLIC HEALTH DISCLOSURE:

Highland Community College will share minimal personal information with the Doniphan County Health Department.

Minimal Personal Information as follows: Name and telephone number

A student may choose to opt-out if the student does not wish to have minimal personal information shared. To opt-out, a student must contact Student Services and state that they wish to opt-out of public health disclosures.

COVID-19 **RESOURCES** HCC COVID-19 Page

Kansas Department of Health & Environment

Doniphan County Health Department CDC: COVID-19 Page

FREQUENTLY ASKED **QUESTIONS:**



What will classes look like this fall?

Highland Community College in Highland, KS, plans to hold Fall 2021/ Spring 2022 classes in person. The college will continue to take precautions to monitor the COVID-19 global pandemic and will follow recommendations from the Centers for Disease Control and Prevention.

Showing Symptoms of Covid-19?

- Email scottiehealth@highlandcc.edu. We will notify your instructors by email that you are not feeling well. If you feel that this is an emergency situation, dial 911.
- Provide a list of symptoms in your email to scottiehealth@highlandcc. edu. Please also provide your name and a phone number that you can be reached at.
- If you are presenting with COVID-19 symptoms, we will schedule a COVID-19 test with the Doniphan County Health Department in Troy, Kansas.
- Further directions will come from the Doniphan County Health Department.

If classes go remote, will I recieve a refund for dining and housing?

No. Highland classes will still be in session, the cafeteria will be open and students will be allowed to remain in their apartments therefore, no refund will be granted.

What if classes are cancelled?

We do not anticipate canceling any classes, rather moving face-to-face classes to a remote setting. All students will be responsible for the workload of an online setting.

What if campus closes?

Campus will remain open to students and faculty but may close to the general public. Some buildings will stay open on campus to students such as the cafeteria, the library and the bookstore. Safety measures will be put in place to reduce large gatherings of people.

What can I expect when I come to campus?

HYGIENE



HCC asks that employees, students and visitors wash their hands or use alcoholbased hand sanitizer frequently.

MASKS (=)

HCC will provide disposable masks to those who need them. HCC asks individuals to wear masks or face coverings.

DISINFECT A



HCC will continue to regularly sanitize public areas using fogging machines and misters. Cleaning/disinfectant supplies will be available to students and employees.

What if I test positive for Covid-19?

You will be guided by the Doniphan County Health Department for your next actions.

What if my roomate tests positive for Covid-19?

Highland Community College is fully prepared to accommodate the students and faculty if we need to move classes remotely. Laptops will be available to check out for those who need them. The library will remain open for students to use their computers.

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